

# chompie's Premium

# KOSHER BAGELS



chompies.com



12 servings per container	
Serving Size	1/2 Bagel (57
Amount per Serving	450
Calories	150
	% Daily Value
Total Fat 1g	1 9
Saturated Fat 0g	0 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 280mg	12 %
Total Carbohydrate 32g	12 %
Dietary Fiber 1g	5 %
Total Sugars 3g	
Includes 3g Added Suga	rs <b>5</b> %
Protein 5g	
Vitamin D 0mcg	0 9
Calcium 50mg	4 9
Iron 1.7mg	10 %
Potassium 50mg	0.9

### **NEW YORK PLAIN BAGELS**

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Ingredients: Unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, brown sugar, contains 2% or less of: non-GMO cornmeal, salt, yeast, wheat gluten, vinegar, monoglycerides, calcium propionate and sorbic acid (preservatives), guar gum, calcium sulfate, monocalcium phosphate, ascorbic acid, plant based enzymes.



12 servings per container Serving Size	½ Bagel (57
Amount per Serving Calories	160
	% Daily Value
Total Fat 1.5g	2 %
Saturated Fat 0.5g	3 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 400mg	17 %
Total Carbohydrate 31g	11 %
Dietary Fiber 2g	6 %
Total Sugars 3g	
Includes 2g Added Suga	ars <b>5</b> %
Protein 5g	
Vitamin D 0mcg	0 %
Calcium 60mg	4 %
Iron 1.8mg	10 %
Potassium 50mg	2 %

# **EVERYTHING BAGELS**

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Ingredients: Unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, brown sugar, salt, contains 2% or less of: toasted onion, onion, non-GMO cornmeal, monoglycerides, poppy seeds, yeast, sesame seeds, garlic, wheat gluten, vinegar, calcium propionate and sorbic acid (preservatives), guar gum, monocalcium phosphate, ascorbic acid, calcium sulfate, plant based enzymes.

#### Other Available Bagels:

Sesame Seed, Onion/Poppy, Whole Wheat, Jalapeño, Pumpkin

# ALL BAGELS ARE CERTIFIED KOSHER & PARTY PER PA



CASE INFORMATION		
Ti Hi	8 x 8	
Case Dimensions	24 x 10 x10	
Frozen Shelf Life	365 days from production	
Ambient Shelf Life	15 days	
Case Pack	6 - 4 oz. bagels per pk / 24 OZ - 10/cs Case	
Pallet Configuration	64 cases – Minimum Order increment 1 pallet	



Serving Size	1/2 Bagel (57
Amount per Serving Calories	160
	% Daily Valu
Total Fat 1g	1 9
Saturated Fat 0.5g	3 9
Trans Fat 0g	
Cholesterol 0mg	0 9
Sodium 250mg	11 9
Total Carbohydrate 34	1g <b>12</b> 9
Dietary Fiber 2g	6 9
Total Sugars 8g	
Includes 5g Added	Sugars 10 9
Protein 5g	
Vitamin D 0mcg	0 9
Calcium 50mg	4 9
Iron 1.6mg	10 9
Potassium 70mg	2 0

#### **CINNAMON RAISIN BAGELS**

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Ingredients: Unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, raisins, sugar, brown sugar, wheat gluten, cinnamon, contains 2% or less of: monoglycerides, non-GMO cornmeal, salt, yeast, caramel color, vinegar, natural cinnamon flavor, calcium propionate and sorbic acid (preservatives), quar qum, calcium sulfate, ascorbic acid, plant based enzymes.



**BLUEBERRY** 

12 servings per contain Serving Size	<sup>1</sup> ⁄₂ Bagel (57g
Amount per Serving Calories	160
	% Daily Value
Total Fat 1g	1 %
Saturated Fat 0.5g	3 %
Trans Fat 0g	
Cholesterol 0mg	0 %
Sodium 260mg	11 %
Total Carbohydrate 32	g 12 %
Dietary Fiber 1g	5 %
Total Sugars 5g	
Includes 4g Added	Sugars 9 %
Protein 5g	
Vitamin D 0mcg	0 %
Calcium 40mg	4 %
Iron 1.6mg	10 %
Potassium 50mg	0 %

**Nutrition Facts** 

## **BAGELS**

Ingredients: Unbleached enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, sugar, blueberry bits (sugar, wheat flour, canola oil, wheat starch, natural and artificial flavor, red 40 citric acid, blue 1, blueberry solids), brown sugar, wheat gluten, contains 2% or less of: monoglycerides, non-GMO cornmeal, salt, yeast, natural & artificial blueberry flavor, natural vanilla flavor, vinegar, calcium propionate and sorbic acid (preservatives), calcium sulfate, guar gum, ascorbic acid, plant based enzymes, some ingredients may contain bioengineered food ingredient. **CONTAINS: WHEAT** 

# Contact infokccp@chompies.com for more information

